



Dear All American Recreational and Preschool Families,

We have chosen to take a very conservative approach and structure our plans based on safety and staying open.

During this phase, the class ratios will be smaller, fewer classes will be offered. We will have one way to enter and a different way to exit. We are asking parents to drop off and pick up. If a parent must, NOT more than 1 person can accompany each athlete into the building. Make up classes will not be allowed in order to keep the social groups consistent. All handouts will be electronically delivered, and we ask that there be no loitering in the lobby after class.

All athletes must have a signed COVID waiver handed in before they are allowed to participate. When the athlete enters the building, their temperature will be taken and recorded. We are also asking all parents/guardians to take their athletes temperature before arriving. If anyone in your family has COVID like symptoms, please do not come and inform the front desk.

Any person entering the building must wear a facemask and use hand sanitizer. There will be multiple sanitizing stations located throughout the gym for the athletes to use. Athletes do not need to wear a mask while exercising but are asked to bring one with them. Coaches will wear a mask when spotting or having a close conversation with the athlete. After every rotation, coaches will sanitize mats and equipment. Lobby and bathroom areas will be wiped down every hour.

This plan is very reliant on all our families respecting the new policies. We all want to go back to some normalcy, but for now please know we are trying to provide the best practices possible.

This will be new for all of us so patience with our staff is greatly appreciated as well. They are amazing and doing everything they can to make this work.

We want to make sure everyone knows that if any family feels uncomfortable returning, it is totally acceptable. Please just let our office know.

Thank you,
All American Gymnastics
Owner

DON'T FEEL WELL? STAY HOME WHEN YOU ARE SICK

Tell your mom, dad, or caregiver before you come to school. Tell your teacher or an adult if you become sick at school



cough



Shortness of breath
or problem breathing



chills



sore throat



loss of taste
or smell



muscle pain

OTHER SYMPTOMS INCLUDE:

fever, runny nose, diarrhea, feeling nauseous
or vomiting, feeling tired, headache,
and poor appetite



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)